

MENU

Food is prepared to order with fresh ingredients

Focaccia

All served in a Sourdough Rosemary Spianata with fresh tomatoes, cucumbers, lettuce

Please ask for Gluten Free Bread

Burrata with Grilled Courgettes and Pesto Salsa	8.00
Wheat, milk	
Parma ham with Parmesan and Sundried Tomatoes	8.00
Wheat, milk	
Smoked Salmon with Peppers and Wild Rocket	8.00
Wheat	

Burgers

All served with fresh homemade coleslaw, tomatoes, cucumbers, lettuce, burger relish,
With choice of corncob or white baps freshly provided by Katie's Bakery in Welwyn village

Please ask for Gluten Free Bread

Beef Slow cooked in red wine for 6 hours	7.00
Wheat, mustard	
Aberdeen Angus 6 Oz	7.00
Wheat, mustard	
Chicken Fillet	7.00
Wheat, mustard	
Halloumi Avocado and Red Pesto Salsa	7.00
Wheat, mustard, milk	
Moving Mountains Plant Base Vegan	7.00
Barley, wheat, oats, soya, mustard	
Add Monterey Jack Cheese	1.00
Milk	

Sides

Potato Chips with chive and spring onions	4.50
Tandoori Potato Chips with chive and spring onions	4.50
Sweet Potato Chips with chive and spring onions	4.50
Hummus and Olive Focaccia	4.50
Wheat	
Vegan Celtic Broth Barley, Pulses, Root Veg	4.50
Barley	
Mixed salad with Soya Beans	4.50
Soya	

Please tell a member of our team before ordering if you have any food allergies or intolerances.



Desserts

Churros warm with cinnamon sugar and chocolate dips 2.75

Wheat, milk, soya

Vanilla Donut filled with vanilla custard cream 2.75

Wheat, milk, soya

Chocolate Donut filled with Belgian chocolate 2.75

Wheat, milk, soya

Vanilla Scones with Cornish clotted cream and strawberry jam 3.75

Wheat, milk

Indulgent cake of the day served with whipped cream 3.75

Wheat, milk, eggs, soya, nuts

Vegan cake of the day served with vegan whipped cream 3.75

Wheat

Chocolate & Orange Tart Wheat, gluten and milk-free 2.75

Almonds

Raspberry and Almond cake Wheat, gluten and milk-free 2.75

Eggs, almonds